

**ONE-DISH FROZEN DINNER PRODUCT HAVING AN INTEGRAL BREAD RING AND APPARATUS FOR SHIPPING AND PREPARING SAME**

**Abstract**

A one-dish frozen dinner product having an integral bread ring is  
5 provided. A method for making a one-dish frozen dinner product having an  
integral bread ring is also provided. The one-dish frozen dinner product  
preferably includes a receptacle containing the one-dish frozen dinner  
product, a baking shield upstanding above the receptacle, and a shipping  
carton. Even more preferably, the baking shield is placed at the bottom of the  
10 receptacle containing the one-dish frozen dinner product and is configured for  
a nesting fit. The baking shield may have either a frustoconical sidewall or a  
concave trough-like sidewall.